PACKAGES

MOSHA DELUXE FULL DAY SPA P5180 Includes:

- Ultravine advance cellular gold facial 90mins
- Hot stone massage + sugar scrub & wrap with sauna 2hrs
- Medi heel pedicure with gel and paraffin dip
- Manicure with gel overlay and paraffin dip
- Underarm wax
- Eyebrow shape wax
- Breakfast, Lunch & desert

FULL DAY SPA TREATMENT 8 HOURS P3900 Includes:

- Manicure, pedicure with gel & paraffin dip
- Vitamin C or intensive exfoliating facial 90mins
- Swedish full body massage 90mins
- Jacuzzi/steam room or sauna 30mins
- Breakfast & Lunch

HALF DAY SPA TREATMENT 5 HOURS P2550 Includes:

- Manicure / Gel overlay & pedicure
 - Massage & facial balancing
 - Light lunch or dinner

BIRTHDAY PACKAGES

FOI Laules. ZITTS SUTTITIES

P1100

- Pedicure with Gel
- Swedish back massage
- Eyebrow shape

For Men: 2hrs 30mins

P1060

- Swedish full body massage
- Mosha pedicure

Spa Group Events Per person P1500

Minimum 15 people Includes:

- Chip & Dip platter
- Foot scrub & foot an leg massage /manicure 30mins
- Neck and back massage 30mins
- AVANI catering optional

Spa Group Events Per person P1900

Minimum 15 people Includes:

- Chip & Dip platter
- Swedish full body massage 60mins
- Foot & leg scrub and massage / Manicure 30mins
- AVANI catering optional

Mosha Body Treatments

P420

Foot and leg massage 30mins

A relaxing foot massage to relieve tension in the feet and lower legs followed by a soothing pressure point massage to ease tired legs and feet

NECK & SHOULDER MASSAGE 30MINS P420

This massage focuses purely on the neck and shoulder areas to relieve tension of these commonly over stressed muscles

ndian Head massage 30mins P42

Combines techniques to include various massage strokes and acupressure points. Treatment includes kneading and probing of the neck and shoulder areas. The scalp is then massaged using squeezing, tapping, rubbing or prodding motions.

BODY EXFOLIATION

Invigorate your skin with a full body exfoliation, eliminating excess surface skin cells. Your skin is left soft, nourished and ready to absorb nutrients.

Mosha Sugar scrub body wrap 2hr P1450

Mosha Sugar scrub 1hr

P1000

BACK SCRUB 30MINS

P60

ACKNOWLEDGEMENT

Clients are kindly asked to acknowledge the following when making bookings and visiting the spa.

- * Booking should be made in advance
- * Clients should arrive at least 10mins before their scheduled treatment time
- * Please notify your therapist of any medical condition you have which may be affected by a treatment eg. pregnancy, heart conditions, product allergies, epilepsy and diabetes.

SPA PACKAGES

- * When booking a spa package, all treatments should be done, or you will lose the undone treatments.
- * Please pay a 50% deposit on all full day, Half day and Group packages
- * 50% Deposit refundable as Vouchers.
- * No Further discounts added to treatments that are already discounted e.g spa packages, Wednesday specials,
- * Please note all prices are VAT inclusive monthly specials and pensioners
- * Please note vouchers cannot be exchanged for money & will not be accepted after the expiry date.
- Discounts & special rates do not apply when purchasing vouchers

Operating Hours

Mon to Sat 9am - 8pm | Sundays 9am - 5pm Mosha Wellness Spa

Avani Resort 4727 Chuma Drive, Gaborone Tel: 3164472

moshabeautyspa@gmail.com www.moshawellnessspa.com









HAIR REMOVAL TREATMENTS - WAXING

Lip/Chin/Brows Waxing 15mins	P130
Side Burns 15mins	P170
Half leg/Half Arm 30mins	P340
Full legs 60mins	P420
Underarms 15mins	P160
Full arms 45mins	P340
Brazilian/Bikini line 30mins	P290
Hollywood 30mins	P410
Back/Chest 30mins	P360

ENHANCE YOUR NATURAL BEAUTY

Eye Lash extension singles	P550
Eye Lash removal	P150
Eyelash tint/Eyebrow tint	P150
Eyelash refill	P350

MAKEUP

Bridal	P1500
Every Day	P700

HAND TREATMENTS

	DECO
Manicure Gel and soak 1hr 45mins	P580
Mosha Manicure 60mins	P320
Soak off 30mins	P150
Acrylic/tips soak off 45mins	P250
Gel overlay 60mins	P380
Soak off and gel overlay 1hr 20mins	P460
Tips with Gel 2hrs 15mins	P500
Poli gel overlay 1hr 20mins	P500
Poli/Acrylic gel Tips 2hr 30mins	P600
Manicure with gel 1hr 30mins	P540
Manicure with Paraffin 1hr 30mins	P450

EXPRESS NAIL CARE 30MINS

File and paint	P250
Buff and shine	P250

FEET

Soak off, pedicure with Gel 90mins	P620
Mosha pedicure 60mins	P480
Mosha pedicure with gel 1hr 30mins	P600
Pedicure with Paraffin 1hr 30mins	P600

Add-on to your hands and feet treatments

Nail fix	250
Art per nail	20
For kids under 8 years, half price on 30min treatments	S
Kids 9 years full price	

FACIALS

TheravineTMBalancing facial 60mins	P900
Phytic clay mask treatment 60mins	P900
Melanovine Pro-Brilliance brightening facial 60mins	P1050
Dermaplane Pro exfoliating facial	P1050
Theravine [™] Hydrating facial 60mins	P950
Acne Facial 60mins	P950
Theravine [™] Professional peeling facial 60mins	P1250
Vitamin C facial 90mins	P1250
TCA & Chemipeel treatments & CIT 60mins	P1250
LED Light Therapy 90mins	P1300
Ultravine™ Advance cellular gold facial 90mins	P1700
Dermapen treatment 90mins package	P3000
facial & aftercare sample products (Specialised treatment by appointment Only)	

SLIMMING PROGRAM - LIPOGON

This is a mixture of the existing Lipogon Injections Plus XT Cocktail to boost the fat burning process. It contains Amino Acids that assist the PPC to penetrate the fat cell faster.

per square 4 areas	P2300
Cellulite per square	P600

PLASMA PEN TREATMENT

PLASMA PEN TREATMENT	
Forehead 30mins	P3000
Frown 20mins	P1500
Forehead & Frown 60mins	P3500
Upper eyelid lift 30-45mins	P3000
	P3000
Top & bottom eyelid lift 60mins	P5000
Top Lip 30-45mins	P1700
Bottom Lip 30-45mins	P1700
Top & Bottom Lip lift 60mins	P3000
Mid face lift 60mins	P5000
Nasolabial fold lift 60mins	P2000
Jaw lift 30mins	P2000
Neck lift including Jaw 45mins	P3000
Full face lift including neck & jaw 90mins	P10000

The following treatments are priced upon request Scar improvement, Stretch marks

SWEDISH THERAPY MASSAGE
A light to medium pressure massage using classic massage
movements to improve blood circulation, ease muscle aches and
tension improve flexibility and reduce stress

Swedish back massage 30mins	P430
Swedish full body massage 60mins	P640
Swedish full body massage90mins	P920
Swedish full body massage2hrs	P1120

AROMATHERAPY MASSAGE THERAPY

A Gentle massage that stimulates the lymphatic system while bringing a sense of calm and well-being to engulf your mind, body and soul.

Aromatherapy back massage 30mins	P490
Aromatherapy full body massage 60mins	P750
Aromatherapy full body massage 90mins	P1030

DEEP TISSUE MASSAGE THERAPY

An intense massage that works core deep tissue for people requiring extra pressure in the massage techniques applied. Stretches are done before and after the massage to improve muscle tension, circulation and pain relief.

Deep tissue back massage 30mins	P510
Deep tissue full body massage 60mins	P800
Deep tissue full body massage 90mins	P1100

HOT STONE MASSAGE THERAPY

Using heated Basalt stones, muscles are gently heated to relieve muscle pain and relax, allowing a deeper penetration into the core of the muscle.

Hot stone full body massage 60mins	P750
Hot stone full body massage 90mins	P980
Hot stone full body massage 2hrs	P1200

PREGNANCY MASSAGE

A massage using specific prenatal techniques, to help increase circulation, relieve tired muscles, mental and physical fatigue. massages can only be done after 22 weeks.

Pregnancy back massage 30mins	P520
Pregnancy full body massage 60mins	P810

THAI MASSAGE - OIL MASSAGE

Uses pressure points to stretch and loosen muscles and joints in order to release tension.

TRADITIONAL YOGA

Uses the feet, hands, elbows and knees to increase body flexibility, improve the alignment of the spinal cord and boost the immune system.

Thai massage 30mins	P520
Thai massage 60mins	P830
Thai massage 90mins	P1080

Add-on

Sauna or Jacuzzi 30mins	P370
Hot stone 30mins	P320

20% off on all full body massages (Wednesdays only)

20% Pensioners discount